

OCTOBER 2021

MENLO ELEMENTARY SCHOOL

BREAKFAST



Cafeteria Manager: Patricia Bentley

Menu is subject to change.



Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!

This institution is an equal opportunity provider.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Gravy Biscuit OR
Bacon/Egg/Chz Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **1**

Steak Biscuit OR
Bacon Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **4**

Chicken Biscuit OR
Egg/Cheese Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **5**

Breakfast Pizza OR
Sausage Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **6**

Syrup Day OR Muffin OR
Cereal & Toast
Fruit
Juice
Milk **7**

Gravy Biscuit OR
Bacon/Egg/Chz Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **8**

Steak Biscuit OR
Bacon Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **11**

Chicken Biscuit OR
Egg/Cheese Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **12**

Breakfast Pizza OR
Sausage Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **13**

Syrup Day OR Muffin OR
Cereal & Toast
Fruit
Juice
Milk **14**

Gravy Biscuit OR
Bacon/Egg/Chz Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **15**

Steak Biscuit OR
Bacon Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **18**

Chicken Biscuit OR
Egg/Cheese Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **19**

Breakfast Pizza OR
Sausage Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **20**

Syrup Day OR Muffin OR
Cereal & Toast
Fruit
Juice
Milk **21**

Gravy Biscuit OR
Bacon/Egg/Chz Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **22**

Steak Biscuit OR
Bacon Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **25**

Chicken Biscuit OR
Egg/Cheese Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **26**

Breakfast Pizza OR
Sausage Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **27**

Syrup Day OR Muffin OR
Cereal & Toast
Fruit
Juice
Milk **28**

Gravy Biscuit OR
Bacon/Egg/Chz Biscuit OR
Cereal & Toast
Fruit
Juice
Milk **29**